

# The Kitchenstead

MEAL PREPARATION CATERING

## OCTOBER 2023 LUNCH MENU HAWTHORN SCHOOL

	MON	TUE	WED	THU	FRI
<b>WEEK 1</b>	2 Beef Stroganoff	3 Chicken Stew in Tomato Sauce	4 Beef Tacos	5 Creamy Pesto Pasta	6 <i>Professional Development Day</i>  <i>No school</i>
	<b>WEEK 2</b>	9 <i>Thanksgiving</i>  <i>No school</i>	10 Beef Pot Roast	11 Chicken Chowder	12 Spaghetti with Meatballs
<b>WEEK 3</b>	16 Pasta Marinara	17 Chicken Teriyaki	18 Beef Burritos	19 Chicken Lasagna	20 Cheeseburger Sliders
<b>WEEK 4</b>	23 Pasta Bechamel	24 Beef Meatloaf	25 Chicken Fajitas	26 Pasta Bolognese	27 <i>Pizza Day</i>  <i>No lunch service.</i>
<b>LAST DAYS</b>	30 Pasta Ragu	31 Chicken Adobo			

### Please note:

*All meals are served with a small nut-free dessert.*

*Although our menus are prepared with care and consideration, on occasion and without prior notice, it may be necessary to change a menu item due to circumstances beyond our control.*

*In general, we do not issue refunds for purchased meals missed due (but not limited) to:  
weather-related school closure, student absence or student's preference not to receive lunch service.*



thekitchenstead.ca