

The Kitchenstead

MEAL PREPARATION CATERING

NOVEMBER 2023 LUNCH MENU NORTHMOUNT SCHOOL

	MON	TUE	WED	THU	FRI
WEEK 1			1 Beef Chilli	2 Pasta Margherita	3 Meatball Sandwich
WEEK 2	6 Stir-fried Chicken & Noodles	7 Korean Beef Bowl	8 Chicken Burrito	9 Cheeseburger Pasta	10 <i>Professional Development Day</i> No school
WEEK 3	13 <i>Remembrance Day</i> <i>No school</i>	14 Chicken Adobo	15 Beef Tacos	16 Creamy Pesto Pasta	17 Pizza Sliders
WEEK 4	20 Mac'n'Cheese	21 Beef Stew	22 Chicken Chowder	23 Spaghetti & Meatballs	24 Pizza Day (c/o NMSPA)
LAST DAYS	27 Pasta Bolognese	28 Oven-roasted Chicken with Yogurt Sauce	29 Tex-Mex Lasagna	30 Pasta with Sausage & Peppers	

Please note:

All meals are served with a small nut-free dessert.

Although our menus are prepared with care and consideration, on occasion and without prior notice, it may be necessary to change a menu item due to circumstances beyond our control.

In general, we do not issue refunds for purchased meals missed due (but not limited) to: weather-related school closure, student absence or student's preference not to receive lunch service.



thekitchenstead.ca